Dishes and their allergen content

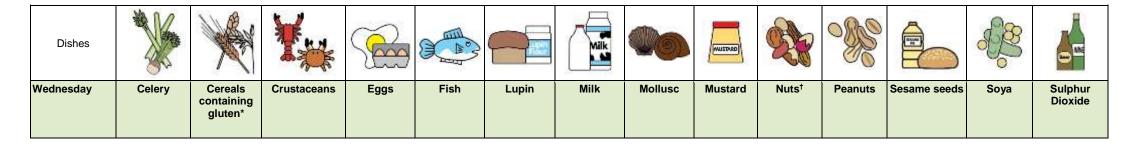
Week 3

Dishes		X	¥.	E					MUSTRO				Se	
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausages		~											~	V
Quorn cottage pie		~		V			V							
Pear and raisin crumble		1		\checkmark			\checkmark						✓	1
Yoghurt							\checkmark							
Fruit														
GF/DF:Sausage s														1
GF/DF:Chocolat e pot													✓	
Vegan:Vegan sausages		~											\checkmark	
Vegan:Chocolat e pot													✓	
Jacket and cheese							V							
Saute potatoes														

Vegetables								
Gravy								
Cream				~				
Cheese for jackets				\checkmark				
Bread	1							
Packed lunches	√			√			✓	

Dishes		X	¥	E		- Luph Floor			WUTDED	N	- Ale		ŝ	
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mild chilli con carne		V												
Three bean chilli		1												
Jam sponge and custard		√		√			√						✓	✓
Yoghurt							√							
Fruit														

GF/DF:Chilli con carne									
GF/DF:Chocolat e cookie									
Vegan:Three bean chilli	V								
Vegan:Chocolat e cookie									
Jacket and beans									
Rice									
Vegetables									
Beans for jackets									
Custard	√	\checkmark		✓				√	
Bread	1								
Packed lunches	~			√			~		



Roast chicken								
Quorn roast		1		V				
Chocolate apple pudding	V	1		V			1	
Yoghurt				√				
Fruit								
GF/DF:Roast chicken								
GF/DF:Fruit cookie								✓
Vegan:Vegan sausage	\checkmark						√	
Vegan:Fruit cookie								~
Jacket and tuna mayo		√	~					
Roast potatoes								
Vegetables								
Tuna mayo for jackets		√	~					
Stuffing	V							

Gravy								
Bread	~							
Packed lunches	V			✓			~	

Dishes		X	×.	E		Luph Floor			MUSTRED	N	-		s je	
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		√												
Quorn nuggets		~		√			\checkmark							
Pineapple upside down cake		✓		√			✓						✓	
Yoghurt							~							
Fruit														
GF/DF:Herby bangers & wedges													✓	
GF/DF:Chocolat e brownie														
Vegan:Herby bangers & wedges													\checkmark	

Vegan:Chocolat e brownie									
Jacket and cheese					√				
Herby diced potato	~				✓				\checkmark
Vegetables									
Cheese for jackets					✓				
Bread		~							
Packed lunches		V			✓			√	

Dishes	N.	X	¥.	E					WUSTER	N	-		B	
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish fingers		√			√									
Cheese and tomato pizza		~					√							
Ice cream							V							

Yoghurt					1				
Fruit									
GF/DF:Vegetabl e burger									
Gf/DF:Ice lolly									
Vegan:Vegetabl e burger									
Vegan:Ice lolly									
Jacket and beans									
Chips									
Vegetables									
Beans for jackets									
Ketchup	~								
Bread		√							
Packed lunches		√			✓			\checkmark	

Review date: 17.03.24

Reviewed by: J Honess

