Dishes and their allergen content

Week 1

Dishes		No.	THE STATE OF THE S	%		Lupin Flour	Milk		MITTHE					012
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato mozzarella meatballs	✓	√		√			✓		✓				~	√
Mozzarella no- meatballs							✓						✓	
Apple crumble		✓		√			✓						>	✓
Yoghurt							✓							
Fruit														
GF/DF:Veg meatball pasta													>	
GF/DF:Chocol ate cookie														
Vegan:Veg meatball pasta													✓	
Vegan:Chocol ate cookie														
Jacket and cheese							✓							
Wholewheat pasta		√												

Vegetables									
Cheese for jackets				√					
Custard/cream	√	√		√				✓	
Bread	√								
Packed lunches	√			√			√		

Dishes			THE STATE OF THE S			Lipin Flour	Malk		MILLERED					INC.
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork sausage in a roll		✓		>			✓					<	<	✓
Veggie sausage in a roll		√		✓			✓					✓	✓	√
Belgian waffle and fruit		√		√			√						✓	
Yoghurt							✓							
Fruit														
GF/DF:Pork sausage														✓

GF/DF:Fruit cookie									✓
Vegan:Herby banger								√	
Vegan:Fruit cookie									✓
Jacket and beans									
Savoury rice									
Vegetables									
Beans for jackets									
Buns for burgers	√	√		✓			✓	√	✓
Bread	✓								
Packed lunches	√			✓			√		

Dishes		W				Lupin Flour	Milk		MUSTURE					AME AME
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken breast														

opine sultana ico									
oghurt ruit ruit F/DF-Chcke breast SF/DF-Chccol e cookie egan.Vegan ausage y acket and ma mayo coast potatoes egetables una mayo for eckets ruifing y A A A A A A A A A A A A	Quorn roast	~	√		✓			√	
F/DF-Chicke breast	Apple sultana slice	√	✓		√			√	✓
SF/DF:Chicke breast	Yoghurt				√				
breast	Fruit								
te cookie egan:Vegan ausage egan:Chocol te cookie dacket and una mayo loast potatoes una mayo for cockets uutifing v v v v v v v v v v v v v	GF/DF:Chicke n breast								
egan:Chocol te cookie egan:Chocol te cookie acket and una mayo toast potatoes egetables una mayo for ackets tutfing v v v v v v v v v v v v v	GF/DF:Chocol ate cookie								
acket and una mayo toast potatoes egetables una mayo for ackets tutffing	Vegan:Vegan sausage	✓						✓	
In a mayo Ito ast potatoes I	Vegan:Chocol ate cookie								
degetables If the first transfer of t	Jacket and tuna mayo		✓	✓					
tuna mayo for ackets Tuna mayo for ackets Tuna mayo for ackets	Roast potatoes								
etuffing	Vegetables								
	Tuna mayo for jackets		✓	✓					
Gravy	Stuffing	✓							
	Gravy								

Bread	✓							
Packed lunches	✓			√			~	

Dishes			***			Espin Flour	Malk		MUSTARO					
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef and vegetable stew	✓													
Cheese and onion pasty	✓	√		√			✓		√				√	√
Chocolate sponge		√		√			✓						√	
Yoghurt							✓							
Fruit														
GF/DF:Beef stew	√													
GF/DF:Choc brownie													√	
Vegan:Chunky veg stew	√													

Vegan:Choc brownie								√	
Jacket and cheese				✓					
Saute potatoes									
Vegetables									
Cheese for jackets				✓					
Bread	√								
Packed lunches	✓			✓			√		

Dishes		W	***			Expin Flour	Milk		MITTHE	2				MA
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef burger		✓					√					~	√	
Cheese and tomato pizza		√					✓							
Ice cream							√							

Yoghurt					√				
Fruit									
GF/DF:Vegeta ble burger									
Gf/DF:Ice lolly									
Vegan:Vegeta ble burger									
Vegan:Ice lolly									
Jacket and beans									
Fries									
Vegetables									
Beans for jackets									
Ketchup	✓								
Buns for burgers		√							
Bread		✓						✓	
Packed lunches		√			√			√	

Review date: 17.03.24 Reviewed by: J Honess

